July| 2024

Ment al Healt h Challenges

Ment al Healt h New slet t er

Highlights

BIPOC Month

New Hope

Counseling

Talkspace

July is Black, Indigenous, and People of Color (BIPOC) Mental Health Month, which was originally designated as ?National Minority Mental Health
Awareness Month.?This month,
Talkspace at Kish, aims to bring
awareness to the unique mental
health challenges faced by historically disenfranchised and oppressed racial and ethnic groups in the United
States. It?s essential to recognize and address these challenges to ensure

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